# MADISON COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

**413.1 Purpose**

The Madison County Board of Developmental Disabilities herein known as Board and Fairhaven School are committed to providing nutritional opportunities for children. This policy and procedure provides direction for the food service program, which serves breakfasts and lunches to Pre-School children. This policy applies to all individuals eligible for Pre-School services through the Board.

The Board complies with the National Child Nutrition Programs guidelines when serving meals to individual in the Program.

**413.2 Procedure**

The Board will provide meals and snacks in compliance with the following:

 1. Meals and snacks will meet the nutritional needs of the child as required by the US Department of Agriculture meal patterns. (www.usda.gov).

 2. Food source of vitamin C shall be served daily and vitamin A shall be served 3 times per week.

 3. Milk will be vitamin D fortified. Low-fat, skim milk or dry powdered skim milk will be vitamin A and D fortified. Reconstituted dry powdered milk will be used only for cooking, and shall not be used as a beverage.

 4. Lunch will be served to a child when in attendance through the hours of 11:00 a.m. and 12:30 p.m. inclusively.

 5. Adequate time is provided to eat meals per the National Association of State Boards of Education. A minimum of:

1. 10 minutes for breakfast
2. 20 minutes for lunch

 6. There will be a choice of at least 3 of the 4 groups served for breakfast:

 A. Meat/meat equivalent

 B. Bread/bread alternatives

 C. Milk group

 D. Vegetable/fruit

 7. Students will be permitted to bring their lunch from home and to purchase milk or juice from the food service program.

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 8. When parents provide snacks for classroom parties or celebrations, they will be provided with information on nutritious snack choices.

 9. Children requiring modified nutritional guidelines for meals and snacks will be provided same with presentation of a medical doctor’s written directive.

 10. Free or reduced price meals will be provided to students who cannot afford to pay the full price of meals. Parent documentation will need to be verified.

 11. The food service program will be managed, as appropriate for preschool children, within federal, state and local regulations.

 12. No parent, promotional group, or for profit agency selling food/drink items will be allowed to compete in any manner with the school’s established meal schedule or offerings.

 13. No food, other than that prepared in compliance with this policy shall be made available for purchase by any person. All food shall be prepared in accordance with local, state and federal regulations and in compliance with all provisions of this policy. No other sale of food shall be permitted.

The Board will post weekly menus for breakfast and lunch in a conspicuous place. Any substituted foods will be from the same basic food group and will be recorded on the menu.

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**Chapter 4**

**Section 413**

**Pre-School Food Services Policy**

**Board Adopted: November 18, 2010**